2024-2025 Dress Code Information

At Colorado Ballet Society, we are assisting our dancers by preparing them to have a polished presentation on stage. Uniform dancewear brings a level of professionalism to the studio, and the dancers learn about the disciplined expectations of a professional dance environment. As this is the Ballet Society standard, the dress code will be strictly enforced throughout the year.

- No watches or jewelry are allowed except for small earrings.
- Visible sports bras, bras, and other undergarments are NOT allowed.
- Hair must be secured off the face.
 - o Buns or French twists are required for all Ballet, Pointe, Pre-Pointe, Pas de Deux, Progression
 - o Ponytails or ballet buns are required for Contemporary, Tap, Jazz, Hip Hop, Conditioning

Primary Division Female Dress Code

Please note that you have one week from the time of registration to fulfill dress code requirements unless items are out of stock at the Ballerina Boutique. <u>ALL UNIFORM REQUIREMENTS MUST BE PURCHASED AT THE BALLERINA BOUTIQUE.</u>

Ballet Shoes

Dancers are required to wear <u>canvas</u>, <u>split-sole shoes*</u> that enhance their training, movement and appearance. Ballet shoes are the most important part of your dancer's equipment and can affect their ability to articulate foot movement. All approved shoes are sold at the Ballerina Boutique.

Sparkles

Uniform Leotard, pink tights, pink canvas ballet shoes* and black, patent leather tap shoes with a single lace. Sparkle Bears are also required for Sparkle classes and must be purchased from the Ballerina Boutique. Optional uniform skirt, light colored leg warmers and solid color, fitted, ballet sweaters may be worn.

Ballet Silver, Gold, Pearl & Diamond

Uniform Leotard, uniform skirt, pink convertible tights, pink canvas ballet shoes*. Nude camisole leotard matched to your dancer's skin tone, and/or black tank uniform leotard. Light colored leg warmers and solid color, fitted, ballet sweaters may be worn.

Contemporary/Jazz/Tap

Black fitted ankle-length leggings, any modest leotard. <u>For Jazz</u>: split-sole black jazz shoes. <u>For Tap</u>: lace-up full sole black tap shoes. <u>For performances</u> the following may be required: Nude camisole leotard matched to your dancer's skin tone, and/or black tank uniform leotard.

Acro

Black leggings or biker shorts, any modest leotard, bare feet, hair neatly pulled back into a low bun or braid(s).

Hip Hop

Loose-fitted clothes such as joggers, sweats and t-shirts. White sneakers with clean, non-marking soles, fully laced up. Bare midriff and low necklines are not permitted. For performances, additional items may be required including uniform black tank leotard, white socks and a particular style of pants or shirt.

*Please note: Dancers of color may wear skin-colored tights and matching canvas ballet shoes if they prefer.

Pre-Professional Division Female Dress Code

Ballet Shoes

Dancers are required to wear <u>canvas</u>, <u>split-sole shoes*</u> that enhance their training, movement and appearance. Ballet shoes are the most important part of your dancer's equipment and can affect their ability to articulate foot movement. All approved shoes are sold in the Ballerina Boutique.

Pointe Shoes

All pointe shoes sold at Ballerina Boutique are approved by CBS. Pointe shoes must be approved by the Artistic Director prior to purchasing and may be sold in the Ballerina Boutique. If there are any questions, please email the Front Desk.

Conditioning/Pre-Pointe***

Any modest leotard, black leggings. Additional equipment includes a yoga mat, one long TheraBand (8-10 ft), full foam roller and a racquet ball. ***Pre-pointe kit purchased from the Ballerina Boutique.

1a, 1b, 2a, 2b, 3a

Uniform Leotard, alignment belt, pink convertible tights, pink canvas shoes*. Nude camisole leotard, matched to your dancer's skin tone, is required for performances. Light colored leg warmers and solid color, fitted, ballet sweaters may be worn. A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.

3b, 4a, 4b, 5, 6/7**

Uniform Leotard, pink convertible tights*, pink canvas ballet shoes*, pointe shoes. Nude camisole leotard, matched to your dancer's skin tone, is required for performances. Light colored leg warmers and solid color fitted ballet sweaters may be worn. For Pointe class: a uniform skirt is required. **Practice tutu required

Progression

Uniform leotard, pink convertible tights*, black character shoes and black character skirt, Levels 3b-7 may wear a practice tutu at the instructors discretion. Pointe shoes (if applicable).

2024-2025 Dress Code Information

Adult Division Female Dress Code

Adult Classes

Modest leotard of your choice, pink/black tights and pink canvas ballet shoes*. Warmup or covered clothing may be worn. <u>For Spanish Dance Classes</u>: character shoes are required.

*Please note: Dancers of color may wear skin-colored tights and matching canvas ballet shoes if they prefer.

Secondary Division Female Dress Code

Acro

Modest leotard, black leggings or biker shorts, bare feet, hair pulled back into a low bun. Additional equipment includes: 1 yoga block & 1 long TheraBand (8-10 ft).

Contemporary and Jazz

Modest leotard, black fitted ankle-length leggings or black biker shorts. <u>For Contemporary</u>: bare feet. <u>For Jazz</u>: split-sole black jazz shoes. For performances the following may be required: Tall black 100% cotton socks or dance socks, nude camisole leotard, black tank uniform leotard and convertible tights.

Broadway and Tap

Modest leotard and black fitted ankle-length leggings. For Broadway: split-sole black jazz shoes. Tap 3a & up: lace-up full sole black tap shoes. For performances the following may be required: Nude camisole leotard and/or black tank uniform leotard.

Hip Hop

Loose-fitted clothes such as joggers, sweats and t-shirts. White sneakers with clean, non-marking sole and fully laced up. Bare midriff and low necklines are not permitted. For performances, additional items may be required including uniform black tank leotard, white socks and a particular style of pants or shirt.

Male Dress Code

Sparkle 2.5-3, Sparkle 3-4, Sparkle 4-5

Fitted, white athletic t-shirt, black shorts or black leggings, black canvas, split-sole ballet shoes and lace-up, full sole black tap shoes.

Ballet Silver, Gold, Pearl, Diamond

Fitted, white athletic t-shirt, black shorts or black leggings, black canvas, split-sole ballet shoes. Black ankle-leggings & black socks may be required for performances.

Pre-Pro Ballet 1a-7/Progression/Pas de Deux

White or black fitted athletic shirt, black compression shorts (2'' above knee) or tights, black canvas, split-sole ballet shoes and a dance belt. Level 1a-3a: A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.

Conditioning

Solid color athletic shirt, fitted black pants and a dance belt. Additional equipment includes a yoga mat, one long TheraBand (8-10 ft), full foam roller and a racquet ball.

Contemporary/Acro

Fitted solid color athletic t-shirt, fitted black pants and a dance belt. For praise: black canvas, split-sole ballet shoes. <u>For acro</u>: compression shorts, bare feet and dance belt for Acro 2 and up.

Hip Hop

Loose-fitted clothes such as joggers, sweats and t-shirts. White sneakers with clean, non-marking sole and fully laced up. Bare midriff and low necklines are not permitted. For performances, additional items may be required including black tank uniform leotard, white socks and a particular style of pants or shirt.

Broadway/Tap/Jazz

Fitted solid color athletic t-shirt, black jazz pants, black, split-sole jazz shoes or black single sole tap shoes and a dance belt.

Adult Division Male Dress Code

Adult Classes

White or black fitted athletic shirt, fitted black shorts or pants, black canvas, split-sole ballet shoes and dance belt.











